

**EUROPEAN  
OPEN WATER SWIMMING  
JUNIOR CHAMPIONSHIPS**  
(UPDATED 18 March 2017)

In addition to the LEN General Event Rules the following

**REGULATIONS**

shall apply:

**J-OW 1 ORGANISATION**

J-OW 1.1 The Junior Championships shall be held every year.

J-OW 1.2 The Organising Federation and the venue where the Championships will be held shall be decided by the LEN Bureau and circulated by the LEN Office.

J-OW 1.3 Six (6) Delegates, one (1) to be appointed by the Bureau and five (5) by the LEN Technical Open Water Swimming Committee (LEN TOWSC) which will consist of Technical Delegate, Safety Delegate and three referees who will be responsible for and supervising the organisation and the correct conduct of the competitions according to LEN Rules and Regulations. They will take action on all matters arising on site at the competitions which require an immediate decision.

J-OW 1.4 The LEN Delegate(s) shall consult the Organising Federation in all matters concerning safety and security regarding who shall provide safety cover.

**J-OW 2 EVENTS & PARTICIPATION**

J-OW 2.1 Age Groups as at 31<sup>st</sup> December of the year of the competition

- a) 14-15 years Boys and Girls
- b) 16-17 years Boys and Girls
- c) 18-19 years Boys and Girls

J-OW 2.2 Individual Events are:

- a) 14-15 years 5 km Boys and Girls
- b) 16-17 years 7.5 km Boys and Girls
- c) 18-19 years 10 km Boys and Girls

J-OW 2.3 Competition Programme

- a) Day 1: 14-15 years 5 km PM 16-17 years 7.5 km
- b) Day 2: 18-19 years 10 km
- c) Day 3: 14-16 years Relay Event PM Open Relay Event

J-OW 2.4 Team Relay Events

- Each swimmer shall complete a lap of 1.25 km.
- Swimmers may swim in any sequence, but may only swim once.
- All teams will start together.
- Starting order on the platform will be by random draw.

There shall be a change-over zone of a minimum of 5 m in width.

Change-overs shall be made with the following swimmer in the water in their starting position holding the platform. Change-overs shall be made with an obvious visible touch between the swimmers making the change.

- Swimmers may enter the change-over zone when the previous swimmer is approaching the zone and leave the water immediately at the conclusion of their lap.
- Swimmers shall all wear team caps of the same color and style.

## J-OW 2 .5 Entries

- Team event consists of 4 swimmers, 2 males & 2 females.
- One Team per federation per event.
- Teams events in 14-15-16; & U/19.

Swimmers may only swim one team event.

## J-OW 3 FORMAT

### J-OW 3.1 Ranking

There shall be separate rankings for men and women.

### J-OW 3.2 Championships Trophy

The Trophy shall be awarded to the Federation obtaining the highest number of points in all events according to the following system:

- 1st: 20 points;
- 2nd: 17 points;
- 3rd: 15 points;
- 4th: 14 points;

and so on until 16th place which receives 2 points.

All other swimmers finishing the race within the time limit shall receive one (1) point.

### J-OW 3.3 Disqualification

J-OW 3.3.1 If in the opinion of the Chief Referee or Referees, any swimmer or swimmer's approved representative or escort safety craft takes advantage by committing any violation of the rules or by making intentional contact with any swimmer the following proceeding shall apply:

1st Infringement:

A **yellow flag** and a card bearing the swimmer's number will be raised to indicate and to inform the swimmer that he is in violation of the Rules.

2nd Infringement:

A **red flag** and a card bearing the swimmer's number will be raised to indicate and to inform the swimmer that he is for the second time in violation of the Rules. The swimmer will be disqualified. He must leave the water immediately, be placed in an escort craft and take no further part in the competition.

J-OW 3.3.2 If in the opinion of the Referee, the action of a swimmer or an escort craft is deemed to be "unsporting", the Referee shall disqualify the swimmer concerned immediately according to FINA Rules.

J-OW 3.3.3 Swimmers finishing a race with intent in an equal time will be disqualified.

## J-OW 4 ENTRIES

J-OW 4.1 **Preliminary Entries** shall be submitted to the Organising Federation, with copy to the LEN Office, no later than the date circulated by the LEN Office.

A Federation having made a Preliminary Entry may withdraw up to the date circulated by the LEN office

J-OW 4.2 **Named Entries** shall be submitted to the Organising Federation no later than the given date, with copy to the LEN Office.

J-OW 4.3 Federations may withdraw a named entry up to 10 days prior to competition.

J-OW 4.4 A fee of sixty-five (65) EURO shall be paid to LEN for each entered non-starting competitor.

## J-OW 5 ACCREDITATION

J-OW 5.1 Federations entering the Championships will receive accreditation for:

- a) the President of the Federation;
- b) the Head of the Delegation;
- c) one medical person; a second medical person if six or more competitors have been entered;
- d) team staff members: the same number as entered swimmers.

J-OW 5.2 Team staff members include everybody servicing the team: Team Leaders, Chaperones, Coaches, Physiotherapists, Interpreters, etc. (not officials such as judges, referees, etc.).

**J-OW 6 OFFICIALS**

J-OW 6.1 Federations may nominate one or two officials qualified from one of the current FINA lists.

Nominations shall be submitted to the LEN Office no later than the date circulated by the LEN Office.

Officials approved by the LEN TOWSC are on the costs of the nominating Federation.

J-OW 6.2 The Organising Federation shall supply all the other officials.

J-OW 6.3 The LEN Technical Open Water Committee will appoint all Technical Officials.