

FINAL 400 IM men

World Record
European Record
World Best Time 2018

Olympic Champion 2016
World Champion 2017
European Champion 2016
Championships Record

4:03.84
4:06.16
4:08.92

4:06.05
4:05.90
4:13.15
4:09.59

Michael Phelps (USA)
Laszlo Cseh (HUN)
Chase Kalisz (USA)

Kosuke Hagino (JPN)
Chase Kalisz (USA)
David Verraszto (HUN)
Laszlo Cseh (HUN), 2008

10 AUG 2008, Beijing
10 AUG 2008, Beijing

Lane	Name	Personal Info	OG	WC	EC
1 QT 4:17.60	Maxim STUPIN RUS PB 4:16.79	DoB: 11. MAY 2000 PoB/Residence: Moscow Club: Energy Standard Coach: Dmitry Lazarev			JUN-1. (400IM) '18 JUN-2. (200IM) '18 JUN-9. (400IM) '16 JUN-11. (200IM) '16
2 QT 4:16.18	Johannes HINTZE GER PB 4:14.72	DoB: 05 JUL 1999 PoB: Brandenburg Club: SV Nikar Heidelberg Coach: Dr. Michael Spikermann Occupation: High school student Height: 194cm	18. (400IM) '16	JUN-1. (200IM) '17 JUN-9. (400IM) '17	EYOF 1. (200IM) '15 2. (200FR) '15
3 QT 4:15.33	Maksym SHEMBEREV AZE PB 4:15.33	DoB: 25 SEP 1993 PoB: Kiev/UKR Club: Coach:	For UKR: 15. (400IM) '12 33. (200IM) '12	For UKR: LC-17. (400IM) '11 LC-20. (200BR) '11 JUN-1 (400IM) '11	For AZE: LC-7. (200FL) '18 LC-16. (400IM) '16 For UKR: LC-7. (800FR) '12 LC-8. (400IM) '12 LC-13. (400IM) '10 LC-14. (400IM) '14 SC-5. (400IM) '12 SC-6. (400IM) '13 SC-8. (1500FR) '10, '12 JUN-1. (400IM) '10
4 QT 4:14.18	David VERRASZTO HUN PB 4:07.47	DoB: 22 AUG 1988 PoB: Budapest Club: Jovo SC Coach: Zoltan Verraszto, Akos Molnar Family: father Zoltan is a 1975 world champion swimmer. Sister Evelyn is a European champion.	12. (400IM) '16 22. (400IM) '12	LC-2. (400IM) '15, '17 LC-6. (400IM) '11, '13 LC-15. (200IM) '11 SC-3. (400IM) '12, '14, '16 SC-12. (200IM) '12	LC-1. (400 IM) '14, '16 LC-2. (400IM) '10, '12 LC-6. (200IM) '10, '12 LC-9. (200IM) '14 SC-1. (400IM) '10, '13, '15 SC-6. (200IM) '12 SC-7. (200FL) '10 SC-8. (200FL) '15
5 QT 4:14.91	Max LITCHFIELD GBR PB 4:09.62	DoB: 04 MAR 1995 PoB: Pontefract Residence: Loughborough Club: City of Sheffield Club: Dave Hemmings Height: 186cm	4. (400IM) '16	LC-4. (200IM) '17 LC-4. (400IM) '17 SC-2. (400IM) '16	LC-3. (200IM) '18 LC-4. (400IM) '14 LC-5. (400IM) '16 LC-7. (200IM) '16 LC-16. (400FR) '16 JUN-2. (200IM) '13
6 QT 4:15.87	Joao VITAL POR PB 4:15.87	DoB: 13 JUN 1998 PoB/Residence: Lisbon Club: Sporting Club Portugal Coach: Jose Machado Height: 175cm		SC-18. (400IM) '16 JUN-8. (400IM) '15	JUN-13. (400IM) '15 SC-8. (400IM) '17
7 QT 4:17.01	Joan Lluís PONS ESP PB 4:13.55	DoB: 09 DEC. 1996 PoB: Soller (Mallorca) Residence: Barcelona Club: CN Palma Coach: José Antonio del Castillo Occ.: Student (microbiology) Height: 169cm	8. (400IM) '16		LC-15. (200FL) '18 SC-5. (400IM) '17 JUN-8. (400IM) '14 JUN-9. (400IM) '13, '14
8 QT 4:17.77	Jakob HEIDTMANN GER PB 4:12.08	DoB: 06 NOV 1994 PoB: Pinneberg Height: 195cm Occupation: Student (politics) Club: Swim-Team Stadtwerke Elmshorn Coach: Veith Sieber, Hamburg	6. (4x200FR) '16	LC-13. (400IM) '17 LC-9. (4x200FR) '17 LC-5. (400IM) '15 LC-5. (4x200FR) '15	LC-6. (400IM) '14 SC-6. (400IM) '17 SC-8. (400IM) '13 SC-11. (1500FR) '13 SC-18. (400IM) '12 SC-28. (400FR) '12 SC-42. (200FR) '12

All-time World Rankings

4:03.84 Phelps, Michael/USA - 09/08/08
4:05.18 Lochte, Ryan/USA - 28/07/12
4:05.90 Kalisz, Chase/USA - 30/07/17
4:06.05 Hagino, Kosuke/JPN - 06/08/16
4:06.16 Cseh, Laszlo/HUN - 09/08/08
4:06.96 Clary, Tyler/USA - 07/07/09
4:07.47 Verraszto, Davi HUN - 24/06/17
4:07.99 Seto, Daiya/JPN - 24/06/17
4:08.86 Pereira, Thiago/BRA - 26/07/09
4:09.10 Wang, Shun/CHN - 04/09/13

Current World Rankings (from 01.01.2018)

4:07.95 Kalisz, Chase/USA 09/08/18
4:08.98 Seto, Daiya/JPN 25/05/18
4:10.21 Litherland, Jay/USA 27/07/18
4:10.69 Hagino, Kosuke/JPN 08/04/18
4:11.98 Verraszto, David/HUN 29/06/18
4:12.72 Grieshop, Sean/USA 27/07/18
4:13.12 Lewis, Clyde/AUS 05/04/18
4:13.65 Stewart, Sam/USA 27/07/18
4:13.72 Szaraneck, Mark/GBR 05/04/18
4:13.77 DeVine, Abraham/USA 27/07/18

European Record History (last 10)

4:18.29 Jens Peter Berndt, GDR Moscow, 1984
4:15.42 Tamas Darnyi, HUN Strasbourg, 1987
4:14.75 Tamas Darnyi, HUN Seoul, 1988
4:12.36 Tamas Darnyi, HUN Perth, 1991
4:10.79 Laszlo Cseh, HUN Barcelona, 2003
4:10.10 Laszlo Cseh, HUN Canet en R., 2005
4:09.63 Laszlo Cseh, HUN Montreal, 2005
4:09.59 Laszlo Cseh, HUN Eindhoven, 2008
4:07.96 Laszlo Cseh, HUN Canet, 2008
4:06.16 Laszlo Cseh, HUN Beijing, 2008

Medallists at Recent Major Championships

2014 Berlin (ECh)

1 4:11.89 David Verraszto (HUN)
2 4:13.75 Roberto Pavoni (GBR)
3 4:14.15 Federico Turrini (ITA)

2016 London (ECh)

1 4:13.15 David Verraszto (HUN)
2 4:14.16 Richard Nagy (SVK)
3 4:14.74 Frederico Turrini (ITA)

2016 Rio de Janeiro (OG)

1 4:06.05 Kosuke Hagino (JPN)
2 4:06.75 Chase Kalisz (USA)
3 4:09.71 Daiya Seto (JPN)

2017 Budapest (WCh)

1 4:05.90 Chase Kalisz (USA)
2 4:08.38 David Verraszto (HUN)
3 4:09.14 Daiya Seto (JPN)